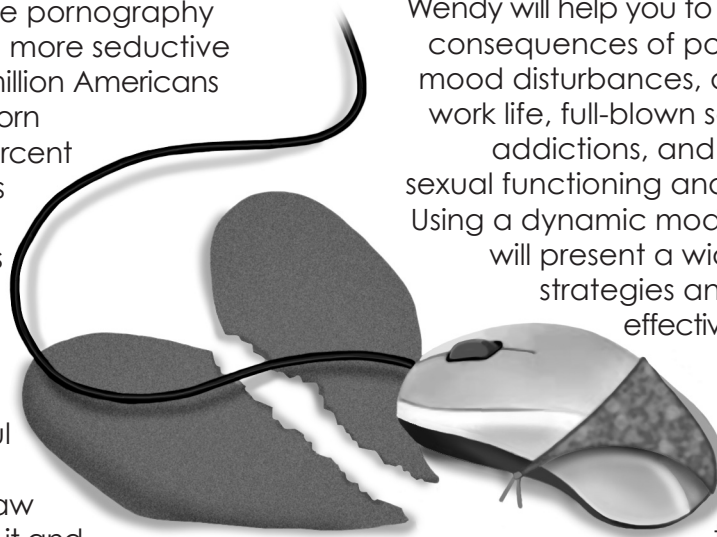


ESCAPING THE PORN TRAP:

Identifying and Treating Problems Caused by Pornography

The Internet has made pornography easily accessible and more seductive than ever. Some 40 million Americans now regularly cruise porn sites, and about 40 percent of troubled marriages are floundering because of a partner's use of porn. In this workshop, sex and relationship therapist Wendy Maltz will examine the powerful aspects of Internet pornography that draw people so deeply into it and make it so difficult to quit.



Wendy will help you to identify the most serious consequences of porn use, including major mood disturbances, disruption of family and work life, full-blown sexual compulsions and addictions, and the harmful impact on sexual functioning and intimate relationships. Using a dynamic model for recovery, Wendy will present a wide variety of treatment strategies and interventions that are effective in facilitating individual and couples healing; including exercises to strengthen motivation, action steps for quitting porn relapse prevention techniques, and sexual healing exercises.

COURSE OBJECTIVES:

- Identify three powerful characteristics of today's pornography
- List five negative consequences of habitual porn use
- Describe three strategies intimate partners use to cope with painful reactions
- List the six basic action steps to quitting porn
- Describe two interventions for preventing relapse

February 10, 2012

9:00am – 4:30pm

Registration and Check-in at 8:30am

Smullin Center at Rogue Valley Medical Center

2825 E. Barnett Road, Medford

Cost: MHREN members: \$120 non-members: \$140
\$40 discount if postmarked prior to January 20, 2011

Mail payment to: MHREN,
PO Box 1349 Talent, OR 97540

6 CEUs included

Cancellation Policy:

More than 30 days notice - \$25 fee

Less than 30 days - 50% fee

Same day cancellation or no show - no refund.

For more information contact: Victor Chang
at: changv@sou.edu or www.MHREN.org



Wendy Maltz, LCSW, DST, is an internationally recognized psychotherapist and expert on healthy sexuality and sexual recovery. Her books include *The Porn Trap: The Essential Guide to Overcoming Problems Caused by Pornography*, *The Sexual Healing Journey: A Guide for Survivors of Sexual Abuse*, and *Private Thoughts: Exploring the Power of Women's Sexual Fantasies*. A licensed clinical social worker, licensed marriage and family therapist, and a certified diplomate of sex therapy, Wendy has more than thirty years of clinical experience treating sex, intimacy, and relationship concerns. She is co-director of Maltz Counseling Associates in Eugene, Oregon, and an adjunct professor at the University of Oregon Graduate Program in Couples and Family Therapy. Her web site is www.HealthySex.com.