

Psychiatric Medications, the way forward: Historical and current perspectives with a conversation about solutions.

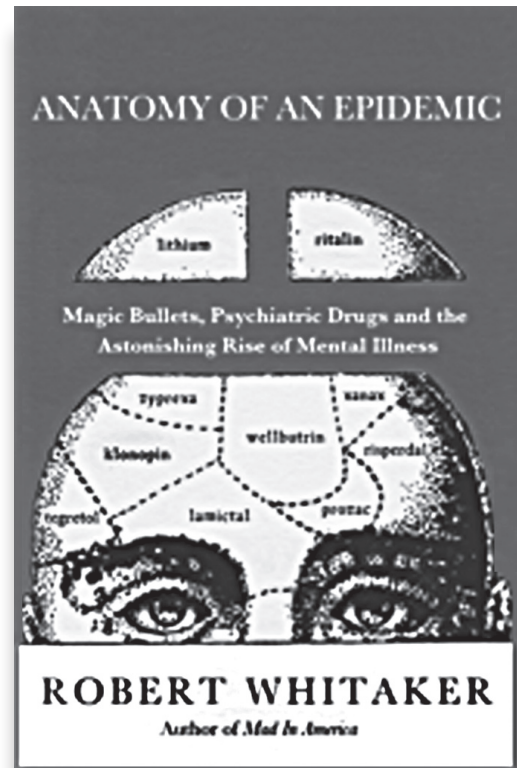
Many controversies are arising regarding the appropriate use, possible overuse, misuse and significant potential harmful effects of psychiatric medications in our culture. At the same time there are alternative/complementary treatments for especially depression and anxiety that are being under-utilized.

In the morning, Robert Whitaker, author of *Anatomy of an Epidemic* will address the dramatic increase of the US population receiving federal disability due to severe mental illness. Could our drug-based paradigm of care, in some unforeseen way, be fueling this epidemic of disabling illness? Do psychiatric medications improve or worsen long-term outcomes?

The afternoon will be a panel discussion including the author and containing members from a group of primary care and mental health providers led by Ted Sundin, MD., who have met regularly for 6 months to look at possible solutions to the dilemmas Whitaker's book are posing.

Learning Objectives:

- Review the history of the outcomes literature to help us understand how medications affect the long-term course of psychiatric disorders.
- An overview of how long-term outcomes in mood and anxiety disorders have changed in the past 40 years.
- A dialogue on the impact of this information, and how we as a community can start collaborating across disciplines to improve mental health care and patient care outcomes in Southern Oregon.
- For participants to explore their own role in effecting change in mental healthcare



Friday, April 13, 2012

9:00am – 4:30pm

Registration and Check-in at 8:30am

Smullin Center at Rogue Valley Medical Center

2825 E. Barnett Road, Medford

Cost: MHREN members: \$120 non-members: \$140

\$40 discount if postmarked prior to March 30, 2012

50% discount for Student/Intern.3yr Post Grad/Retiree

Mail payment to: MHREN,

PO Box 1349 Talent, OR 97540

Or visit www.MHREN.org to pay using PayPal

6 CEUs included

AMA PRA Category 1 credits to be announced

Cancellation Policy:

More than 30 days notice - \$25 fee

Less than 30 days - 50% fee

Same day cancellation or no show - no refund.

For more information contact: Taffy Clarke Pelton

at: taffy@taffyclarkepelton.com



Robert Whitaker is an award winning journalist and author of four books. Much of his writing has focused on psychiatry, the pharmaceutical industry, and medical histories. Two notable books are, *Mad in America: Bad Science, Bad Medicine and the Enduring Mistreatment of the Mentally Ill* and *Anatomy of an Epidemic: Magic Bullets, Psychiatric Drugs, and the Astonishing Rise of Mental Illness in America*.

Ted Sundin, MD works as the Medical Director for Jefferson Behavioral Health and a psychiatrist in private practice specializing in treating healthcare professionals and is a consumer himself living with bipolar disorder.