

MHREN

Mental Health Resource & Education Network

2011 Continuing Education Workshops in Medford

Motivational Interviewing: Enhancing Skills to Facilitate Change

February 11, 2011 • Stéphanie Wahab, Ph.D.

Stéphanie Wahab is an Associate Professor at Portland State University's School of Social Work. Teaching, research, training and consultation associated with Motivational Interviewing (MI) are central to her work. Her areas of expertise include intimate partner violence, anti-oppressive practice, and behavioral change. Dr. Wahab will offer participants beginning and intermediate level exposure to and practice of up-to-date MI principles and techniques. Through demonstration and small group exercises to model and practice skills, participants will walk away with the ability to integrate at least two MI practice skills in their current work, and a desire to learn more about MI.

Somatic Resources: Body Awareness and Physical Action in the Treatment of Trauma

April 15, 2011 • Joe Gillan, MA, LPC

Joe Gillan, Sensorimotor Psychotherapy Trainer, is a psychiatric consultant, serves on the faculty of Naropa University, leads groups for cancer survivors, and maintains a private practice in Boulder, Colorado. Major breakthroughs in what happens in the brain after trauma indicate that insight may have a limited influence on the operation of subcortical processes. Body-centered interventions that help clients achieve mastery over past traumatic experience are called for. In this workshop, Sensorimotor Psychotherapy's "somatic resources" will be taught through videotaped excerpts of sessions with traumatized individuals and brief experiential exercises.

Juvenile Onset Bipolar Disorder: Diagnosis and Treatment

June 3, 2011 • Katherine Warner, Ph.D.

Katherine Warner, Ph.D. has worked in the mental health field for over 20 years and has a doctoral specialty in juvenile onset bipolar disorder. Dr. Warner will present information on juvenile onset bipolar, including symptoms and rates of this diagnosis, differential diagnosis with AD(H)D, and the potential impact on diagnosis of its proposed addition to the DSM V. She will compare and contrast the symptom presentation of the juvenile and adult forms of the illness. Parenting issues will be discussed and helpful interventions and psycho-education will be reviewed.

Legal & Ethical's Greatest "Hits": Most Frequent Problems for Mental Health Professionals Revealed

September 23, 2011 • A. Steven Frankel, Ph.D., J.D.

Steven Frankel, clinical and forensic psychologist & attorney, is currently a Clinical Professor of Psychology and a Fellow of the APA. He has authored over 50 articles and book chapters, won the USC Award for Teaching Excellence and is nationally recognized for his expertise and ability to bring his course material to life. This workshop reviews the mental health professional functions most associated with regulatory problems, including sexual and non-sexual boundary violations, "law-psych" interfaces, competence, "moral" offenses, licensing board and malpractice actions, as well as legal will and trust. The workshop covers problem causes, prevention, and management.

Love & War in Intimate Relationships: A Psychobiological Approach to Couples Therapy®

November 18, 2011 • Stan Tatkin, Psy.D.

Stan Tatkin, is developer of A Psychobiological Approach To Couples Therapy® (PACT). In addition to running PACT certification programs along the west coast, he has a family, maintains a private practice, and is an Assistant Clinical Professor at the UCLA David Geffen School of Medicine. Using didactic, experiential, and multimedia approaches, Dr. Tatkin demonstrates a fresh, focused approach to couples therapy, drawing on principles of mother-infant attachment, developmental neuroscience, and autonomic nervous system arousal. Focusing on the crucial role of arousal and affect regulation in the adult primary relationship, Stan presents a treatment approach gaining a reputation for its effectiveness in treating couples typically considered untreatable.

All 6 CEU workshops take place at the Smullin Center of RVMC from 8:30am to 4:30 pm.
See individual fliers or visit www.MHREN.org for more information.